

# Melville Street Nursery

## 18<sup>th</sup> March 2019

	Morning Snack	Lunch	Afternoon Snack	Tea
Monday	Fresh fruit	Chicken, spring greens & pasta shells soup or tofu, spring greens with rice noodle soup	Digestives & cheese	Kedgeree
Tuesday	Fresh fruit	Beef goulash with cous cous or mixed bean goulash with rice	Crudités	Cullen skink or lentil & tomato soup
Wednesday	Fresh fruit	Baked potatoes with cheese & beans	Home baking	Baked cheddar, onion & pepper frittata or tofu, spring greens & rice noodle soup
Thursday	Fresh fruit	Soup of the day with breadsticks	Oatcakes with butter	Chicken curry with rice
Friday	Fresh fruit	Creamy salmon pasta bake or vegetable chilli with rice	Rice cakes with nut butter	Homemade pizza with various toppings